

Clock Circuit Timetable:

Monday:	9.30am - Dan
	6.30pm - Lauren
Tuesday:	5:45pm - Dan
Wednesday:	8.45am - Dan
	6.30pm - Steve / Rob
Thursday:	9.30am - Von
	6.30pm - Rob
Friday:	9.30am - Von
	6.00pm - Steve / Rob
Saturday:	8.30am - Von / Renaissance

All abilities welcome!

